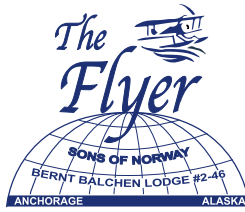


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November / December

WINTER

2022

VINTER

november / desember

**Greetings Lodge Members!**



Photo Credit: Katie McCain

There's been a whole lot of rolling going on down at the lodge! Over 2,000 meatballs and dozens of lefse were sold or served at the Nordic Market and Lutfesk Dinner. Many of our members have perfected rolling lefse so if you want to learn from the pros join us next year. Both of these events draw hundreds of members and the public and wouldn't be possible without the dedication and tireless efforts of the Chairs and Volunteers. Tusen takk to all!

Coming up next is the Lucia Family Christmas Party on December 11th. Congratulations to Luna Olnes, this year's Lucia. Luna is the granddaughter of John Olnes and has participated in Santa Lucia since she was in kindergarten. See page 3 for more.

The Kincaid/Wooden Ski Classic will be held on January 22nd. The *Martin and Marti Team* are offering lots of fun activities in conjunction with the race. Our lodge will be a huge hit again, providing waffles to the participants, and yes we will need lots of volunteers.

I'm happy to report and very thankful to our current board officers for agreeing to serve another year. Our monthly board meetings (except summer months) usually take about one hour to cover lodge business and then we adjourn for hygge time.

We encourage and would welcome members to consider joining the board and to start by attending any of the meetings or call me for more information.

Details and reminders of all lodge activities will continue to be sent via EBlast, Facebook posts and the Website thanks to our amazing social media team, Marcus, Christie, Hanna, and Ruth.

*Med Vennlig Hilsen,  
 Linda Bustamante, President  
 Bernt Balchen Lodge*

# CLASSIFIEDS FOR VIKINGS

**AD SIZE:**

2 x 3.5 inches  
 (business card size).

\$10.00 per issue.

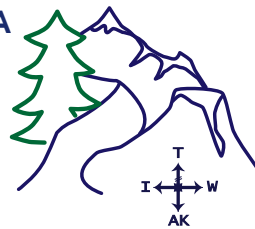
Email a scan or digital image of your business card; or contact the Flyer Editor to discuss other options to:

[kvern66@gmail.com](mailto:kvern66@gmail.com)

**Attention:  
 Classifieds for Vikings**

**INTO THE WOODS ALASKA**

- After School Programs
- Inservice & School Break Days
- Courses for Home School
- Mountain Bike Training (All ages)



**For information, and to sign up:**

<https://intothewoodsalaska.com/>



**AFFORDABLE MEDICAL COVERAGE**

Individual or Business  
 HealthShare or ERISA programs

**Lower cost than COBRA**

[www.kincaidconsult.net](http://www.kincaidconsult.net)

email:  
[CL-Kitty.Kincaid@outlook.com](mailto:CL-Kitty.Kincaid@outlook.com)

**NEW MEMBERS FOR 2022!**

**JANUARY**

Mary McCormick  
August Terrell

**FEBRUARY**

Amy Gruber  
James Johnson

**MARCH**

Terri Coker  
Elsa Erickson  
Maiken Erickson  
Leah Johannessen

**APRIL**

Alisa Garrigues  
Martin Garrigues  
Mark Liland

**MAY**

Berit Flora

**AUGUST**

Joleen Caspersen

**SEPTEMBER**

Hannah Hawkins  
Pamela Okeson  
Kimberly Swisher

**OCTOBER**

Sander B  
Patty Bryant  
Todd Bryant  
Kelly Goode  
Kristen Hansen  
Cheryl Holden

**OCTOBER (CONTINUED)**

Chuck Holden  
Elizabeth Jefson  
Fred Larson  
Mary Jo Larson  
Brita Melom  
Deborah Mole  
Jubilee Mole-Brown  
Justice Mole-Brown  
David Nord  
Kathy Odsather  
Lisa Wardle

**VELKOMMEN!**



**SUNSHINE REPORT**



*Greetings are sent to our members celebrating a birthday who are at least 75 years young!*

**NOVEMBER BIRTHDAYS**

Arnold Link  
Gene A Moe  
Glenn R Soby  
Gale A Olson  
Orvetta Rae Elde  
Boyd R Berg  
Roger K Hansen  
Elaine A Wilson

**DECEMBER BIRTHDAYS**

Eva Bilet  
John L Barstad  
Wallace A Smith  
Anstice M Tibor  
Carl J Pearson

*If you know someone who needs a little sunshine*

Contact Anna Bryant at: [anna\\_bryant@hotmail.com](mailto:anna_bryant@hotmail.com)

**VIKING HALL 907-349-1613 8141 Briarwood Street • Anchorage, AK 99518**



Website: <https://www.sofnalaska.com> Facebook: [www.facebook.com/BerntBalchen](http://www.facebook.com/BerntBalchen) Instagram: [@sonsofnorwayanchorage](https://www.instagram.com/sonsofnorwayanchorage)  
Sons of Norway International: <https://www.sofn.com> Submit Articles for The Flyer: [kvern66@gmail.com](mailto:kvern66@gmail.com) Attn: The Flyer

**Submission deadline for our next issue (January/February) is December 20th**

LUCIA CELEBRATION

Matthew and Susannah Olnes are pleased to announce that our daughter Luna Olnes is this year's Lucia.

Luna is the granddaughter of John Olnes, a long-standing lodge member and former Bernt Balchen lodge president. She is currently a junior at West Anchorage High School, where she participates in the treble choir and the West High swimming team. She's also on the YMCA swim team and has a job at YMCA teaching children how to swim.

She enjoys playing piano, ukulele, and electric bass in her spare time. Luna has participated annually in Santa Lucia since kindergarten, and she has helped out at many other Sons of Norway functions over the years. Luna plans to attend college after graduating high school, possibly at St. Olaf where her older sister Stella attended.



2022 Lucia - Luna Olnes

The Lucia party will be held at the Abbott Loop Park Pavilion at 8101 Elmore Road in Anchorage at 3:00 pm on Sunday, December 11th.

We still need volunteers to make this event a success.

Please contact me by email ([mammadenali@gmail.com](mailto:mammadenali@gmail.com)) or cell (907-227-5318).

If you missed the November 20th practice there's still time! Join us at the lodge on December 4th at 2:30.

RECIPE BOX



Cranberry Sauce – Tyttebær Syltetøy

- 1 kilogram low-bush cranberries
700 grams sugar or to taste (300-800g)
1-2 deciliters water

Use ripe berries. Cook up berries with water in large pot for 5-15 minutes. Mash larger berries. Remove from heat and add sugar. Stir until sugar has dissolved. You may cook up one more time to dissolve sugar if preferred. Enjoy!

This recipe is from Statens Lærerinneskole i Husstell KOKEBOK Copyright 1933 J.W. Cappelens Forlag

STRIKKEKAFÉ



To all our fellow knitters and makers out there, we are looking forward to seeing you the 2nd and 4th Wednesday of each month.

Please bring your finished projects for Show and Tell! It will be so fun to see what everyone has been up to.

Strikkekafe means 'knitting cafe' and is popular all over Norway for those who enjoy handcrafts, it's not just for knitters! This is a time to gather with your projects and enjoy the company of others. It is a great way to meet other members, get inspiration, share your skills, or get a little help.

Check the E-BLAST for notifications or contact:

Christie 602-0673 or Anita 301-4215





## 2023 SUPER BOWL RAFFLE BERNT BALCHEN SCHOLARSHIP FUNDRAISER



*Have you purchased your Ticket(s) yet? The Super Bowl Raffle is the primary source of funds for the Sons of Norway Bernt Balchen Lodge No. 2-046 Language/Heritage/Higher Education Scholarships.*

The Raffle will again have 20 winners with a top prize of \$1,000. Only 300 tickets are sold so the chance to win is very generous, one in fifteen. Tickets are selling for \$25 each or a special deal of 5-for-\$100. The drawing will be held during the airing of Super Bowl LVII on Sunday, February 12, 2023.

*Raffle tickets are available from committee members John (907-748-0704), Sandra (907-243-2132), Jane (907-227-2735), and Wayne (907-748-0098). Please give one of us a call and we will arrange getting tickets to you.*

**Raffle tickets will also be available at all upcoming Lodge events and through the office.**

*Leave a phone message at 907-349-1613 or email: [sonancak@gmail.com](mailto:sonancak@gmail.com)*

⤵ **Please see BELOW for scholarship application information** ⤵

**Don't miss out on this opportunity! The Scholarship Application is Due by April 30, 2023**

Bernt Balchen Lodge 2-046 awards Language and Heritage, and Higher Education Scholarships of up to \$1,000. The **Language and Heritage Scholarship** is available for persons of any age who are interested in attending or participating in Norwegian language or heritage programs.

The **Higher Education Scholarship** is available for persons entering a school of learning beyond the high school level.

### TO REQUEST A SCHOLARSHIP PACKET

Send an email to [sonancak@gmail.com](mailto:sonancak@gmail.com) – Attn: Scholarship Committee or, call: 907-349-1613, and leave a message.



Sevrin Persson, 20, is currently attending Fosen Folkehøyskole in Rissa, Norway where he is learning the art of traditional Norwegian wooden boat building. He has also attended Concordia Language Village Norwegian summer camp in Minnesota.

*These are wonderful cultural programs that the Bernt Balchen Lodge Heritage Scholarship can be used for!*

## DISTRICT 2 SCHOLARSHIPS

There are 2 scholarships available from District 2: Washington - Oregon - Idaho - Alaska.

The **Carl Saltveit Scholarship** is awarded to attend the International Summer School at the University of Oslo. To be eligible, you must be a member in District 2 and have completed 1 full year (4 quarters) of college. No age restriction on this scholarship. Submission Deadline: March 1, 2023.

The **Sofie Olson Scholarship** is awarded to 3 campers attending the District 2 Youth Camps. Normally 1 scholarship is awarded for each of the 3 camps. Submission Deadline: April 15, 2023.

For more detailed information please go to:

<http://www.sonsofnorway2.com/scholarships.html>

**See information on Scholarships and Grants from Sons of Norway International on page 5**

**SCHOLARSHIPS AND GRANTS - SONS OF NORWAY INTERNATIONAL**

**Sons of Norway Foundation Scholarships**

The Sons of Norway Foundation awards approximately 25 scholarships to promising students each year and promotes cultural exchange and support education to help students prepare the next generation of workers.

*Scholarships are open for application October 1 – March 1.*

**Due by January 15, 2023**

- Douglas Warne – Rolf & Wenche Eng
- Helen Tronvold Folk High School
- Lund Fund
- Oslo International Summer School

**Due by March 1, 2023**

- Astrid G. Cates
- King Olav V for Norwegian Citizens
- King Olav V Norwegian-American Heritage
- Myrtle Beinhauer Fund
- Nancy Lorraine Jensen Memorial
- Orel and Marie Winjum Memorial
- Dan and Betty Rude Scholarship
- Bernt Anker Scholarship
- Sissel and Roger Espeland Memorial Scholarship Fund
- Elaine Nelson

**For more information go to:**

<https://www.sofn.com/foundation/scholarships/>

**Sons of Norway Foundation Grants**

In keeping with our values of building the heritage of the future, sustaining the link to contemporary Norway and fostering a cohesive community of generosity, the Sons of Norway Foundation awards over \$20,000 in grants annually. Applications open October 1 annually.

**Due by December 31, 2022**

**Community Partnership:** \$1,000 Grant for non-members to apply for support for a Norwegian culture/heritage event.

**Helping Hands to Children:** \$1,000 Grant for lodges to partner with local schools to support children or to hold Norwegian culture/heritage event, project or program for children at their lodge/in their community.

**Lodge Heritage and Culture:** 1 year \$1,500 Grant for lodges to implement a Norwegian culture/heritage event, project or program.

**Lodge Vitality:** 1 year \$1,000 Grant for lodges to improve facilities and/or equipment or boost recruitment efforts.

**Helping Hands to Children:** Provides funds to be used to establish educational programming and/or mentoring for children.

**Rolling Deadlines**

**Helping Hands to Members - Disaster Relief Grants**

**Helping Hands to Members - Medical Relief Grants**

**For more information go to:**

<https://www.sofn.com/foundation/grants>

**KINCAID CLASSIC & WOODEN SKI - COMING SOON!**

**Come and Ski! or Volunteer to help! Or, Ski and Volunteer**

The Kincaid Classic is a return to a simpler skiing time. A time when “skating” referred to a thing you do on ice with much pointier boots, not a powerhouse of V2.



The Kincaid Classic will host a number of different events, all sponsored by the Anchorage chapter of Sons of Norway.

The Kincaid Classic part of the day will entail a traditional classic ski race, with a long, intermediate, and short distance option. There will also be a wooden ski specific race, where all racers will be encouraged to don their very finest knickers, wool sweaters, leather boots, and freshly pine-tarred wooden skis. Keep on the lookout, legend has it there be trolls afoot here! Be sure to look your finest, we will also be awarding a “best dressed” category at our traditional waffle feed award ceremony!

**Race Start Time: 12 pm**

**Distances: 3K, 5K, 10K, 15K**

**Race Day Sponsor: Sons of Norway**

**For information contact Martin Hansen: [bikeskifish@gmail.com](mailto:bikeskifish@gmail.com)**

**To volunteer please contact Marti Pausback: [martipausback@gmail.com](mailto:martipausback@gmail.com)**



Martin Hansen will be available in the morning before the race to pine tar your wooden skis!

LUTEFISK DINNER - THANK YOU!



This year's Lutfisk Dinner (with those tasty meatballs!) was a huge success! We served nearly 250 meals at our event on Saturday, November 5 totaling over 200 pounds of lutfisk and over 800 meatballs! Everyone enjoyed being together again for this popular dinner event.

Thank you to everyone who helped make this event run smoothly, from event planning and preparation to procuring the food and supplies to preparing and serving the meals, as well as clean up.

Special thanks to: John and Cynthia Olnes and the lefse baking crew for all their efforts, Sig Restad's family who provided the Valley-grown potatoes and veggies for the lefse and the meal, Patrick McCormick's crew of Patrick, Anne, Pia Meyer, Linda Bustamante, Tina Watts and Brittany Francis for rolling and baking all those delicious meatballs; Wayne Johnson, Steve Lambert and Patrick McCormick for preparing the lovely lutfisk and Wayne and Steve for cooking it to perfection; to everyone who helped with veggie prep, hall decorating, working at the event, and cleaning up the hall: Anne Adasiak-Andrew, Sara Bryan, Adam Bryant, Patty Bryant, Todd Bryant, Linda Bustamante, Jeanne Davis, Robert Denholm, Christie Ericson, Sander Goldthwait, Merlin Hamre, Shane Hubbell and his wife, Janel Ireton, Annette Iverson, Sandra Johnson, Wayne Johnson, Marit Kristiansen, Ruth Kvernplassen, Steve Lambert, Gayle Mathiesen, Anne McCormick, Christian McCormick, Brita Melom, Pia Meyer, David Michaelson, Pete Mjos, Lisa Nelson, Cynthia and John Olnes, Marti Pausback, Anita and Lloyd Persson, Hanna Persson, Karen Ruud, Tami Vania, Tina Watts. We couldn't have done this without you!



***Do you have suggestions for how we might improve our event for the future?***

**Please let us know by sending us an email: [tandrew.ak@gmail.com](mailto:tandrew.ak@gmail.com)**

Tusen takk,

Tim Andrew & Patrick McCormick  
Lutfisk Dinner Co-chairs

**FRESH LUTEFISK FOR SALE**



Do you need some fresh lutfisk for an upcoming family holiday meal? Your friends at Bernt Balchen Lodge have you covered! For a limited time, we have fresh lutfisk for sale for \$14 per pound in two pound bags. To order, please call Viking Hall at 907-349-1613 and leave a message or email us at [sonancak@gmail.com](mailto:sonancak@gmail.com) with your name, phone number and how much lutfisk you'd like. We'll reach back out to you to arrange a pick up time.

Tusen Takk!

2022/2023 Winter

Friluftsliv Schedule



December 17 Saturday

*Candle light walk in the dark to a tree. Walk with battery candles to a dark and lonely tree to sing carols.*

Battery candles and English caroling books will be provided. Bring cookies and your favorite Norwegian songs

**When:** Saturday December 17 4:00-6:00

**Where:** Meet at Abbott Loop Community park by the Pavilion.



January 15 Sunday

**Troll Patrol Costume Making**

Make Troll nose/ears for the Troll-Patrol at the wooden ski classic. Learn Norwegian Troll words.

**When:** Sunday January 15 Noon-5:00

**Where:** Bernt Balchen Lodge

January 22 Sunday

**January Kincaid Classic/ Wooden ski race NSAA AMH Series**

Break out the pine tar and wool and wooden skis. Register at NSAA or volunteer!

**We need:** Volunteers to be a Troll under a course bridge, race support or join the waffle making team

**When:** Sunday January 22 Race starts at 12 pm **Where:** Kincaid Park



February 19 Sunday

**National Sliding Day / Laskianien (Finnish)**

Finland, our Scandinavian neighbor, Celebrates sledding before Lent on Laskianien. It is a time to Eat pea soup, cardamom bread with whip cream and slide down hills. Come join the fun!

**When:** Sunday February 19 Noon

**Where:** Abbott loop Community Park Sledding hill

**From our Fall Friluftsliv Adventures**

Fall's Friluftsliv events included blueberries, Fungus and Inlet views.

In September we gathered blueberries in Bear Valley. One of our members picked over a gallon!

October we were amazed by the variety of mushrooms and collected several for consumption

November brought wide expanses and beautiful views. We feasted on Smoked salmon, Norwegian cookies and chocolates.



## *In Remembrance*



**Jeannie Haugen**

**March 4, 1945 - October 4, 2022**

**Jeannie Constance Haugen** died peacefully at her home on Oct. 4, 2022. She was 77 years old.

Jeannie was born on March 4, 1945 in Sharon, N. D. to Roy and Cornelia (Bjerke) Sears. She was the second of four children. She grew up on a farm near Petersburg, N. D., and attended elementary school in a one-room schoolhouse.

Jeannie graduated from Unity High School in 1963. That same year, she enrolled at the University of North Dakota, and earned her Bachelor's degree in English in 1967.

Jeannie later moved to East Lansing, Mich. to attend graduate school at Michigan State University. She earned her Master's degree in Library Science and later worked at the MSU library as a librarian.

In 1975, she moved to Alaska with her then-fiancé, David Haugen. Jeannie and David married on May 6, 1978. Their son, Leif, was born on Oct. 18, 1979, and their son, Brent, was born on Aug. 18, 1981.

Jeannie was a "supermom" to her two sons while they were growing up, transporting them to and from baseball, hockey, and soccer practices and games; cheering for them from the bleachers; and helping them with their homework during tournaments.

In her spare time, Jeannie enjoyed cooking, gardening, reading, and spending time with her grandchildren, who were the light of her life. She volunteered her time making lefse at the Sons of Norway in Anchorage, and at the Anchorage Public Library, where she earned an award for her service. She particularly loved attending the Nutcracker Ballet with her family every year during the Thanksgiving weekend.

She was active at the Lutheran Church of Hope. Her strong faith was an essential part of her life. She loved to learn, share, and pray with others. As a beloved member of her church, she was regularly involved in bible studies, particularly with the Sunday morning crew, as well as worship and community events. She trusted in God's love and mercy throughout her life.

Jeannie was predeceased by her father and mother, and her brother-in-law, James Iverson, of Alexandria, Minn. She is survived by her husband, Dave, of Anchorage, Alaska; son, Leif and daughter-in-law, Leslie Jaehning, and their two children, Alice and Anders, all of Anchorage; son, Brent, of Anchorage; sister, Corrine (Sears) Iverson of Fergus Falls, Minn.; sister and brother-in-law, Judy (Sears) and Gene Rose, of Alexandria, Minn.; and brother, Don Sears, of Fargo, N.D.; and many other relatives.

Jeannie's kind spirit and gentle nature will be missed by all who knew her. The Latin root of her middle name, "Constance", means "resolute" or "faithful" and perfectly described her guiding principle throughout her life. During her battle with cancer, she maintained a positive attitude.

A celebration of life will take place at noon on Oct. 15, 2022 at Lutheran Church of Hope in Anchorage. In lieu of flowers, donations can be made to the Lutheran Church of Hope. Her interment will take place on Oct. 22, 2022 at 2:00 p.m. at Evergreen Cemetery in Staples, Minnesota, followed by a reception at Faith Lutheran Church.



# NORDIC MARKET

What a fun 2022 Nordic Market!

A very special Tusen Takk to the Chairs of this event:

Charlene Howe, Anita Persson, and Gayle Mathiesen.

Another Tusen Takk to the many volunteers who helped to make this year's Nordic Market a success.

Photos by Katie McCain.



Left to right: Charlene, Anita and Gayle



### Nordic Market Comments

*Was an awesome show! The helpers were absolutely amazing. The food was awesome! The sales through the roof and the uniquely themed vendors really makes shopping fun! Love this event!!*

*Had a great time today-so many fun booths and tasty treats! Tusen takk*



# NORDIC MARKET



### Nordic Market Comments

*We had such a wonderful time at this event and thank all who worked hard to make it happen! So much fun, and so many smiles!*

*I was there with a friend. It was awesome!*



# NORDIC MARKET



## Nordic Market Comments

*What a great Sons of Norway lodge.  
Wish mine was as active as yours.  
Looks like a lot of fun!  
Meatballs on a stick!*



# NORDIC MARKET

## Nordic Market Comments

*We had a wonderful time at the Nordic Market today. Good food, great vendors, too much wind, and friendly people... [new member]*

